



# Akins Athletic Training

## Rules & Expectations of the Athletic Training Room

1. The athletic training room is first and foremost a healthcare facility and should be treated in such a manner. Only Akins student-athletes and staff are permitted in the athletic training room.
2. The athletic training room will open one (1) hour before the start of school and be open one (1) hour concluding school for treatment. The athletic training staff will make every effort to treat student-athletes on a first come/first serve basis. At times, in-season sports may have priority. Plan accordingly.
3. Student-athletes are expected to report to treatments on time. Failure to comply with this can result in the athletic trainer refusing treatment.
4. Student-athletes must come dressed appropriately for their treatment or rehabilitation.
  - Please leave cleats and shoes, bags, all electronics including cell phones and other personal belongings outside the athletic training facility.
5. **NO food or drinks of any kind other than water will be allowed in the athletic training room.**
6. Any student athlete with a new injury or illness must notify the athletic training staff immediately so the coaching staff can be updated on the student-athlete's status. The athletic training staff will determine a specific report time based on daily practice times. It is up to the student-athlete to communicate about injury status so the athletic training staff can adjust the treatment to provide further care.
7. Student-athletes are not permitted to treat themselves or dictate their own treatment. All treatments are at the discretion of the athletic trainer.
8. **DO NOT** remove equipment or supplies from the athletic training room without the permission of the athletic training staff.
9. **DO NOT** use the athletic training room equipment or supplies without permission.
10. Student-athletes using the athletic training room should refrain from loud and obnoxious behavior. **Foul and/or offensive language will NOT be tolerated.**
11. **DO NOT** hang out in the athletic training room. Athletes should only be in the facilities when they are in the process of receiving athletic training services. All others will be asked to wait outside.
12. After practice, athletes should shower before receiving treatment of wounds, cuts, and abrasions.
13. Athletes should return all equipment/supplies (wraps, crutches, etc.) as soon as they are no longer required for recovery.
14. Athletes will treat all athletic training staff with respect and this will be returned to the student athletes.
15. If a student athlete is not adhering to the rules and policies of the athletic training room, he or she can lose privileges. Coaches will be notified of any student athlete who is not compliant.